

Text video SPA AMNIOS July 2012:

Based on the experience it had acquired with sound systems for local communal, public and private swimming pools, Aqua Musique started with a research programme with the objective to optimise the idea of musical massage.

Twenty years ago, Aqua Musique invented the shell underwater speaker to provide underwater sound for swimming pools.

Now I have pleasure to present the result of our research: the spa Amnios.

The innovation of the spa Amnios lies in the complementary combination of hydro massage and musical massage.

After birth, our bodily listening ability, which we have called amnio-tympanic listening, does not disappear. It is quite naturally ignored. With the invention of the underwater speaker, and now the spa Amnios, we can reactivate this form of listening that we have ignored since birth. The combined use of the two forms of listening in the water, by the acoustic organ and by the body via amnio-tympanic listening, generates this musical massage.

This musical massage forms part of Man's tradition of producing and reproducing music for his well-being.

The body is transparent in water. Now we are capable of reproducing music in a liquid, and we can transform this music into vibrations under water. If you immerse a human body, which is made up of approximately eighty per cent liquid, into a sonorized liquid, then you are introducing music into the human body.

The practice of the martial arts taught me the art of movement. Movement is energy, but after movement there is stillness, a return to stillness. Working on yourself requires a great deal of explosive muscular or mental energy, but after each "kata" you have to return to a state of tranquillity and stillness.

The same philosophy is found in the spa Amnios. Hydro massage, the force of the water works on the body, and afterwards, recovering with musical massage, listening, the return to stillness, music that reassures.

The Aqua Musique underwater speaker with its membrane, combined with water at thirty-six degrees in the spa Amnios, which is reminiscent of the amniotic sac that contains the foetus, helps to relive, to rediscover sensations and reactivate the listening that has been ignored since birth.

It adds a new dimension, a new perception, to listening to music.

Our technique is simple: by immersing the body in sound bearing water, we are helping to carry musical waves via the inside of the body to the brain.

What happens during a musical massage session? The underwater speaker diffuses the benefits of the music throughout our body, the reclined position prepares the mind to sleep, or at least to rest, and at the same time the pleasure of listening to music helps to relax the muscles.

Technically speaking, we can say, that the membrane in the speaker acts as a substitute for the ear drum, sending sound waves directly to the liquids in the inner ear in the form of vibrations, and at the same time it amplifies the traditional hearing by bone resonance.

Musical massage gives back to music its original power and function: to help us to cope with the tensions extended on our body and soul caused by our daily activities. This new type of

listening will be shown to be the best “anti-stress” technique in the world, because it uses simple, healthy and plentiful means to meet an urgent need: water and music.

Man has listed some six thousand languages worldwide. When we think furthermore of the so many different types of music, we must be aware that there is a meaning to all this creation.

Aqua Musique is simply using this common sense and, by importing it into the human body via the musical massage technique, it is giving full power to this incessant creation, to this solution, because music is a technical solution for reducing tension.